



HealthReach Community Health Centers

DIRECTORY OF SERVICES

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A MESSAGE FROM THE PRESIDENT

The Directory of Services provides a general overview of the locations and services offered at HealthReach Community Health Centers. HealthReach is a 501(c)(3) nonprofit health care organization comprised of eleven federally qualified community health centers and two dental centers located across central and western Maine. Together, our more than 200 dedicated providers and staff deliver high quality, affordable health care to nearly 28,000 Maine residents and visitors annually, regardless of insurance status or ability to pay.



At HealthReach, we are proud of our medical and dental providers and the quality of care they deliver. Our experienced family practitioners focus on preventive care, developing partnerships with patients that enhance their overall health status. Patients are encouraged to take an active role in preventing future health related-issues. In addition to our medical care, HealthReach provides dental services at our Strong and Bingham locations.

At HealthReach, we strive to be good neighbors in our communities as well. In addition to making affordable health care available in the communities we serve, many of our staff members volunteer in schools and other local organizations. Our staff has a commitment to community and a desire to provide the best possible health care and education for our patients.

A handwritten signature in black ink that reads "Constance Coggins".

Constance Coggins
President/CEO

OUR MISSION

*To provide high quality, affordable,
patient-centered healthcare in the
medically underserved communities
of Central and Western Maine.*



HealthReach

Community Health Centers

HealthReach Community Health Centers is a system of eleven Federally Qualified Health Centers in Central and Western Maine. A private, non-profit organization with a 43-year history, HealthReach is funded by patient fees, grants and individual donations. We provide primary care services for the whole family to nearly 28,000 Maine residents and travelers each year - regardless of insurance status or ability to pay. We strive to be the provider, employer, and healthcare partner of choice in each of the communities we serve. A private, non-profit organization, HRCHC is funded by patient fees, grants, and individual donations.

GREAT FAMILY HEALTH CARE

Our healthcare providers offer outpatient primary care and preventive services to people of all ages. All of our practices have achieved National Committee for Quality Assurance (NCQA) Patient-Centered Medical Home (PCMH) Recognition and offer accessible, high quality healthcare with integrated behavioral health services focused on the patient's care experience. HealthReach providers treat the "whole person" - not just physical symptoms, and form partnerships with their patients, encouraging them to take an active role in their care.

AFFORDABLE

HealthReach services are available to everyone, regardless of ability to pay. We accept Medicare, MaineCare (Medicaid) and private insurance. Through funding from the U.S. Bureau of Primary Health Care, we also offer a sliding fee program to uninsured and underinsured residents to assist with the cost of health center services. In addition, our Connectors offer application assistance for programs that help with the cost of healthcare and medications including the Health Insurance Marketplace.

CLOSE TO HOME

HealthReach serves families in over 80 rural communities, primarily in Kennebec, Franklin, Oxford, Somerset, Lincoln, Sagadahoc and Androscoggin counties. Nearly 28,000 people chose us as their primary care provider in 2017, totaling over 97,000 visits. We work closely with four hospitals located in our service areas: Franklin Memorial Hospital (Farmington), MaineGeneral Medical Center-Alfond Center for Health (Augusta), Redington-Fairview General Hospital (Skowhegan) and Stephens Memorial Hospital (Norway). We also collaborate with local organizations, state agencies and individuals who deliver crisis, health, psychosocial, education and other complementary services to area residents.

SERVICES PROVIDED

HealthReach provides comprehensive primary and preventive care services to children and adults, including care of acute and chronic illnesses, checkups, school and sports physicals, immunizations, family planning, and lab services.

The core services available to health center patients include:

- Women's Health
- Men's Health
- Pediatric Services
- Counseling
- Referrals
- Sliding Fee Scale

Some health centers also offer general internal medicine, osteopathic manipulative therapy, care management, podiatry, general dentistry, adult psychiatric medication management, and DOT physicals. Please see the listings on the following pages for each health center's additional services.

HealthReach Community Health Centers complies with applicable Federal civil rights laws and does not discriminate, exclude people, or treat them differently on the basis of race, color, national origin, age, disability, sex (including pregnancy and sex stereotyping), gender identity, sexual orientation, or any other characteristic protected by law.

ATTENTION: Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 1-207-660-9939.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-207-660-9939.



BELGRADE REGIONAL HEALTH CENTER

Belgrade Regional Health Center is located at the heart of the Belgrade Lakes region in central Maine. As the third practice to join HealthReach Community Health Centers' system, the Health Center has been providing family health care to the Belgrade area since 1977.

The Belgrade practice offers services provided by five providers and a professional nursing staff. In 2017, 1,990 patients visited the Health Center.

The Belgrade medical providers offer a wide variety of primary care services for the entire family, including referrals to an on-site behavioral health specialist. The Health Center is open Monday through Friday and offers its services to both local residents and summer visitors. New patients are welcomed year-round.

The Belgrade Lakes region offers a variety of breathtaking sites for everyone's enjoyment. Whether you prefer to visit the sparkling streams and lakes or tee off at the local golf course, the region's beauty and activities entice both residents and visitors alike.



Jack Barnard, PA • Jennifer Caudell, FNP
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BETHEL FAMILY HEALTH CENTER

Bethel Family Health Center has been providing healthcare to residents of Andover, Bethel, Gilead, Greenwood, Hanover, Newry, Upton, Woodstock and surrounding towns since 1979.



In addition, visitors to the Bethel

region are continuously welcomed at the Health Center year round. Bethel became the newest member of HealthReach Community Health Centers' family in July 1999.

The Bethel Family Health Center provides a full range of primary care and preventive services for the whole family including osteopathic manipulation, x-rays and limited laboratory services. A total of 3,425 patients sought healthcare services at Bethel in 2017.

Bethel Family Health Center is located in the mountainous western region of Maine. This scenic area embodies the natural beauty of the state through its stunning lakes, winding rivers, and spectacular views. Outdoor recreation awaits you throughout all four seasons. The town of Bethel is a thriving small town that offers amenities for everyone.



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BINGHAM AREA HEALTH & DENTAL CENTER

Established in 1975, Bingham Area Health Center opened its doors as the first member of the family of medical practices that make up HealthReach

Community Health Centers. Many of the staff members have worked at Bingham since it opened. Through this dedication, the Health Center has a special connection with their patients and the community.

Bingham is an outpatient practice offering a vast array of primary healthcare services. Hospital care is available at Redington Fairview General Hospital in Skowhegan. In 2017, Bingham provided health care to 1,140 area residents and dental care to 1,873.

For nearly 10 years, Bingham Area Dental Center has provided dental care, filling a void for area residents who previously did not have local, affordable access to such services.

The Health Center provides family medical care to residents from many towns in northern Somerset County along the Kennebec River. These include Bingham, Caratunk, Embden, Moscow, Pleasant Ridge, Solon, The Forks and West Forks. Through the generous donations of area residents and visitors, numerous works of art are displayed throughout the health center.



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LOVEJOY HEALTH CENTER

Lovejoy Health Center is situated among the rolling hills and wide-open fields of Kennebec County in the heart of a farming community. The facility is located in central Maine, 13 miles east of Waterville.



Residents from the towns of Albion, China, Freedom, Palermo, Thorndike, Troy, Unity and other surrounding communities have been utilizing the Lovejoy Health Center for medical care since 1978. Lovejoy expanded numerous times over the past 30 years and, through the efforts of the community board, has built three additions to the existing building. Lovejoy is currently staffed with five providers and provided care to 3,975 patients in 2017.

Lovejoy offers a full range of primary care services including obstetrics. In addition, through a federal grant Lovejoy has been piloting a new model of care which more closely involves patients in managing their healthcare. The new model has been well received by patients and assists them in achieving better health care outcomes.

The philosophy of the Lovejoy providers is to treat all family members from birth through retirement and beyond.



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MADISON AREA HEALTH CENTER

Madison Area Health Center is located in the town of Madison along the banks of the Kennebec River. Established in 1977, the Health Center became the second member of the HealthReach Community Health Centers system.

A total of 2,003 residents of Madison and surrounding towns including Anson, Norridgewock and Starks accessed medical care at the Madison practice in 2017. The medical providers at Madison offer a full range of primary and preventive services to residents of all ages.

The providers at Madison Area Health Center collaborate with a team of providers at Redington Fairview General Hospital in Skowhegan where hospital care for patients is provided.

Located in western Somerset County, the town of Madison boasts a spectacular view of Maine's western mountains as well as year-round outdoor opportunities for residents and visitors alike, including hunting and fishing, camping and kayaking, and downhill skiing.



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MT ABRAM REGIONAL HEALTH CENTER

Mt. Abram Regional Health Center is nestled near the base of Sugarloaf USA in the heart of Maine ski country. The Health Center has been providing a full range of healthcare and prevention services to area residents of all ages since 1986.



In 2017, 1,406 residents from Carrabasset Valley, Coplin and Dallas Plantation, Eustis, Kingfield, New Portland and Stratton, as well as other locations in Maine and beyond, utilized health center services.

The health center is located on the banks of the Carrabasset River in the town of Kingfield. Besides its notoriety as the home of the Stanley Museum, which displays the historic Stanley Steamers, Kingfield is surrounded by soaring mountains and sparkling streams, which provide year round opportunities for hiking, hunting, fishing, snowmobiling, as well as cross country and alpine skiing.



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RANGELEY FAMILY MEDICINE

Rangeley Family Medicine resides in a corner of Maine featuring over a hundred lakes, ponds, and streams, thousands of acres of wild forests, and abundant wildlife.

The Health Center opened its doors in 1994 with the tremendous support of an energetic community board committed to bringing high quality medical services to the region.

Rangeley offers a full range of healthcare services to patients of all ages and during 2017, 1,433 local residents from Dallas and Lincoln Plantations, Madrid, Magalloway, Rangeley, Sandy River and other towns, as well as summer visitors, utilized services at the Health Center.

The Rangeley Lakes Region features multiple opportunities for year-round recreation. Whether you enjoy the winter months of snowshoeing and skiing, the fall color palette, the new beginnings of spring, or summer's biking and swimming opportunities, this region provides a vast array of options in a spectacular natural setting.



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RICHMOND AREA HEALTH CENTER



Richmond Area Health Center has been providing family healthcare to area residents and visitors since 1977. The demand for services has grown significantly over the years warranting both an expansion and a facelift, which the supportive community board facilitated.

The Richmond Area Health Center's team of medical providers, nurses and staff are dedicated to making their patients healthcare experience as pleasant as possible. In 2017, 2,556 patients utilized the Richmond Area Health Center.

The Health Center is an outpatient practice. It maintains referral relationships with MaineGeneral Medical Center (Augusta) as well as with specialists at Parkview Hospital (Brunswick), Mid-Coast Hospital (Brunswick), Central Maine Medical Center (Lewiston) and St. Mary's Hospital (Lewiston). In addition, the Health Center connects patients to local health education resources and sponsors blood pressure clinics for the local community.

Situated on the west bank of the Kennebec River, the Health Center is located within twenty-five miles of the Maine coast and halfway between Augusta and Bath. Towns served by the Health Center include Bowdoinham, Dresden, Gardiner, Litchfield and Richmond, and families from other areas are welcomed as well.



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SHEEPSCOT VALLEY HEALTH CENTER

Sheepscot Valley Health Center, situated in a small rural community near the banks of the Sheepscot River, has been providing medical care for over two and a half decades.

The practice has grown significantly over the years and now includes six providers to accommodate the healthcare needs of area residents. Roy Miller, MD, the first provider when the Health Center opened in 1980, continues to provide care to the community.

Through the dedication of a group of local residents, an old church was transformed into a medical facility. Multiple renovations and restorations supported the growth of the practice over the last 25 years.

The Health Center providers offer a full range of family practice, caring for infants, children, adults, and pregnant women. In 2017, 3,745 residents received medical care at the Health Center. Patients come from an extensive geographic region that includes the communities of Jefferson, Somerville, Washington, Whitefield, Windsor, and parts of three Maine counties.

Coopers Mills, a close-knit and supportive community, is ideally located twenty minutes from Augusta, the state capital, and thirty minutes from the scenic Maine coast. Recreational, educational, and cultural opportunities are easily accessible.



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STRONG AREA HEALTH CENTER

Strong Area Health Center has been part of the Franklin County community since 1986. Many of the staff live locally and have deep family roots in the area. Avon, New Vineyard, Phillips and Strong are the official towns served by the Health Center, but patients from Farmington and other towns utilize the Health Center’s services as well.



The Health Center staff and community members worked together to plan a more modern building and in July 2001, that dream was realized when the Health Center moved into a new, spacious home. In 2017, 2,162 patients received care at the Health Center.

In January 2003, another expansion was completed: a state-of-the-art Dental Center (see page 15). Strong was selected as the first HealthReach facility to offer dental care. Recent studies have demonstrated a greater link between oral health and overall health than was previously realized. A coalition of local residents and service providers worked with HealthReach for several years to plan the program and seek funding for this important endeavor.

The town of Strong and surrounding communities are rural and heavily forested. The local economy relies on natural resource-based businesses and industries. In addition, visitors from other states and countries come to western Maine to enjoy year-round recreational opportunities.



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STRONG AREA DENTAL CENTER PART OF STRONG AREA HEALTH CENTER

As part of HealthReach's mission to provide health care to rural and underserved people, the Strong Area

Dental Center provides gentle, family dental care to residents of Franklin County.

The Dental Center is equipped with state-of-the-art dental technology including digital x-rays and an electronic patient records system.

In 2017, the Dental Center served 1,659 patients. At Strong Area Dental Center, people of all income levels receive high quality care.

DENTAL SERVICES:

- Dental Education
- X-rays and Oral Exams
- Restorations
- Whitening
- Crowns and Bridges
- Complete and Partial Dentures
- Periodontal Care
- Sealants
- Consultations & Referrals
- Preventive Care
- Extractions
- Affordable Care Program (for eligible patients)



George "Bob" Ditomassi, DDS
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WESTERN MAINE FAMILY HEALTH CENTER

Western Maine Family Health Center is located in Livernore Falls and borders the Androscoggin River. Year-round activities and an abundance of natural beauty surround the area. The Health Center is twenty minutes south of Farmington and is surrounded by rural communities.



Western Maine Family Health Center has been part of the community for almost twenty-five years. Many of the staff members are also residents and have deep family roots in Livernore Falls and the surrounding areas.

Canton, Fayette, Hartford, Jay, Livernore, Livernore Falls and Sumner are the official towns served by the Health Center, but patients from surrounding towns such as Chesterville, Farmington, New Sharon, Wilton and others are welcomed as well. In 2017, 2,256 area residents accessed services at the Health Center.

The range of services at Western Maine assures that patients receive the convenient and comprehensive attention that they deserve. The Health Center offers primary care and preventive services including family planning, chronic care management and minor office surgery. A behavioral health specialist is now on-site to provide comprehensive care. Patients requiring admission to Franklin Memorial Hospital receive care from a FMH hospitalist who communicates with the patient's regular provider at the Health Center during the hospitalization and upon discharge.



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LOCATION MAP

HealthReach Community Health Centers

BINGHAM AREA HEALTH CENTER

MADISON AREA HEALTH CENTER

ADMINISTRATIVE OFFICE
Waterville

MT. ABRAM REGIONAL HEALTH CENTER
Kingfield

STRONG AREA HEALTH CENTER

RANGELEY FAMILY MEDICINE

BELGRADE REGIONAL HEALTH CENTER

BETHEL FAMILY HEALTH CENTER

WESTERN MAINE FAMILY HEALTH CENTER
Livemore Falls

LOVEJOY HEALTH CENTER
Albion

RICHMOND AREA HEALTH CENTER

SHEEPSCOT VALLEY HEALTH CENTER
Coopers Mills

Skowhegan Bangor

Farmington

Waterville

Augusta

Lewiston

Portland

MAINE

AFFORDABLE & CLOSE TO HOME
GREAT FAMILY HEALTH CARE

www.HealthReachCHC.org

GIVING OPPORTUNITIES

The mission of HealthReach Community Health Centers (HRCHC) is to provide high quality health care to residents of all ages in underserved areas of central and western Maine.



Over the years, we have received a number of generous grants from federal, state and private sources as well as from individual donors. These have enabled us to offer an Affordable Care Program to patients who qualify as well as to initiate various outreach and education services. Examples include dental services, parenting programs, domestic peace initiatives, health education programs and rural outreach services.



You may want to consider a donation of time, money, goods or services to the organization or to an individual health center. Or, you may have recommendations about a grant source or foundation that might consider supporting the important work of the health center in your community.

If you would like information about how you can contribute to HRCHC, please contact our Development Office at 207-660-9913 or by e-mail at: Communications@HealthReach.org.

We will be pleased to discuss current priorities and opportunities.

HRCHC Central Administrative Office

A team of dedicated staff provides management and support for all eleven HealthReach Community Health Centers. Our Central Administrative Office is located in Waterville, Maine.

Support services such as finance, human resources, communications, patient billing, and information technology are provided centrally to improve efficiency and reduce costs. Central Office staff also manage the Federal Title 330 Community Health Center grant and the Affordable Care Program.

Our 11 Health Centers serve residents of over 80 rural communities:

Belgrade Regional Health Center
Belgrade, Maine
(207) 495-3323

Rangeley Family Medicine
Rangeley, Maine
(207) 864-3303

Bethel Family Health Center
Bethel, Maine
(207) 824-2193

Richmond Area Health Center
Richmond, Maine
(207) 737-4359

Bingham Area Health Center
Bingham, Maine
Health Center: (207) 672-4187

Sheepscot Valley Health Center
Coopers Mills, Maine
(207) 549-7581

Lovejoy Health Center
Albion, Maine
(207) 437-9388

Strong Area Health Center
Strong, Maine
Health Center: (207) 684-4010
Dental Center: (207) 684-3045

Madison Area Health Center
Madison, Maine
(207) 696-3992

Western Maine Family Health Center
Livermore Falls, Maine
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Mt. Abram Regional Health Center
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HealthReach Community Health Centers

An Equal Opportunity Organization

www.HealthReachCHC.org