HealthReach Community Health Centers



Contact: Communications Department

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Food Mobile Distribution returns to Belgrade Regional Health Center

WHAT:

Good Shepherd Food Bank's Food Mobile will be distributing food, including fresh produce, meat and non-perishable items to people in need of emergency food assistance in the greater Belgrade area.

WHO:

Anyone in need of food resources, experiencing food insecurity or having difficulty keeping healthy food on the table

WHEN:

Tuesday **December 10th from 10:00 a.m. – 11:30 a.m.**

WHERE:

Belgrade Regional Health Center

WHY:

Designed to be a low-barrier distribution, Good Shepherd Food Bank's Food Mobile program allows us to expand our outreach to Maine communities with a demand for emergency and supplemental food that has outgrown the capacity of local food pantries.

For more information, please contact Belgrade Regional Health Center at (207) 495-3323.

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About Good Shepherd Food Bank

As the largest hunger relief organization in Maine, Good Shepherd Food Bank provides for Mainers facing hunger by distributing nutritious foods to more than 400 partner agencies across the state, including food pantries, meal sites, schools and senior programs. Together with its network, the Food Bank leads a statewide effort to combat the root causes of hunger by engaging in advocacy, nutrition education and strategic partnerships. By 2025, the Food Bank anticipates distributing 30 million meals per year to families, children and seniors in need throughout Maine.

Website: www.feedingmaine.org; Phone: (207) 782-3554; Facebook: www.facebook.com/feedingmaine; Twitter: www.teedingmaine; Twitter: www.teedingmaine; Twitter:

Belgrade Regional Health Center is part of HealthReach Community Health Centers, a group of eleven Federally Qualified Health Centers in Central and Western Maine. Belgrade offers a range of services including family medical care, counseling and care



management to residents of Belgrade, Mount Vernon, Augusta, Rome, Oakland, Sidney, Belgrade Lakes, Waterville and neighboring towns. A reduced fee program is available to uninsured and underinsured residents.