

HealthReach Community Health Centers

OCTOBER 2019



Don't Let Flu Season Get You Down! A Flu Shot Can:

- Reduce the risk of catching the flu
- Reduce the risk of being hospitalized by the flu
- Reduce the number of flu-related deaths in children
- Reduce the number of missed work and/or school days
- Protect people who can't be vaccinated

Talk to your provider about getting a flu vaccine today!

Resources:

<https://www.cdc.gov/flu/prevent/keyfacts.htm#benefits>

<https://www.cdc.gov/flu/prevent/vaccine-benefits.htm>